

Instructional Course

Fractures and Joint Injuries

Friday 7 and Saturday 8 February 2025



PROGRAMME

FRIDAY 7 FEBRUARY

TIME	TITLE	PRESENTER
08:10	Registration	
08:40	Welcome	Mr Mike Lamyman and Mr Nick Riley
Session 1: Principles and decision making management		Chair: Mr Michael Lamyman
08:50	Which fractures can we treat non-surgically?	Mrs Sarah Tucker
09:00	How do we treat fractures non-surgically?	Mr Sudhi Ankarath
09:10	Which fractures are optimally treated surgically?	Mr Tim Halsey
09:20	Rehabilitation of hand fractures	Ms Christy Fowler
09:30	Panel discussion/Questions	
Session 2: Metacarpal Fractures		Chair: Mr Dan Thornton
09:50	Fractures of the head and neck	Mr Ryan Trickett
10:10	Metacarpal shaft fractures	Ms Jane McEachan
10:20	MCPJ dislocations	Miss Ladan Hajipour
10:30	CMCJ fracture/dislocations	Mr Onur Berber
10:40	Panel discussion/Questions	
11:00	Refreshment break	
Session 3: PIPJ		Chair: Mr Dan Armstrong
11:30	Surgical anatomy of the PIP Joint	Ms Jessica Steele
11:40	Dorsal fracture/dislocations	Mr Onur Berber
11:50	Palmar fracture/dislocations	Mr Ryan Trickett

FRIDAY 7 FEBRUARY

TIME	TITLE	PRESENTER
12:00	Late reconstruction/delayed fixation or hemihamate	Mr Matthew Brown
12:10	Salvage options	Dr Piotr Czarnecki
12:20	Panel discussion/Questions	
12:40	Lunch	
Session 4: Other injuries (Parallel session - Rise and Shine room)		Chair: Mr Hywel Dafydd
13:40	Injuries in the elite athlete	Mr David Murray
13:50	Saggital band injuries	Mr Dan Thornton
14:00	Locked MCP Joint	Mr Dan Armstrong
14:10	Mallet injury	Ms Christy Fowler
14:20	The paediatric fractures	Ms Jessica Steele
14:30	Discussion	
Session 4: Sawbone workshop - introduction to fixing fractures well - Medartis (Parallel session - Grow room)		Chair: Nick Riley
13:40	K-wiring tips and tricks	Ms Jane McEachan
13:50	What is a lag screw?!	Mrs Sarah Tucker
14:00	When to lock and when not to...	Mr Tim Halsey
Small group tutorials - 40 mins each with 5 mins turnaround		
15:00	Rotation 1	
15:45	Rotation 2	
16:30	Rotation 3	
17:15	Rotation 4	
18:00	Welcome reception - sponsored by Sovereign Medical	

SATURDAY 8TH FEBRUARY

TIME	TITLE	PRESENTER
08:00	Registration	
Small group tutorials - 40 mins each with 5 mins turnaround		
08:30	Rotation 1	
09:15	Rotation 2	
10:00	Rotation 3	
10:45	Rotation 4	
11:25	Refreshment break	
Session 5: Phalangeal fractures		Chair: Ms Jessica Steele
11:45	Non-surgical treatment options	Mr Hywel Dafydd
11:55	K-wires	Mr Onur Berber
12:05	ORIF	Mr Max Horwitz
12:15	Uni/bi condylar fractures	Mr Tim Halsey
12:25	Panel discussion/Questions	
12:45	Lunch	
Session 6: The thumb		Chair: Mr Sudhi Ankarath
13:40	Bennetts fracture	Mrs Sarah Tucker
13:50	Rolando fracture	Miss Ladan Hajipour
14:00	Epibasal fractures	Ms Jane McEachan
14:10	Ulnar collateral ligament injuries	Mr David Murray
14:20	Late reconstructive options for MCP joint instability	Mr Dan Armstrong
14:30	Panel discussion/Questions	
Session 7: Complex case workshop		Chair: Mr Nick Riley
14:50	Case 1: Managing malunion - osteotomy planning	Mr Max Horwitz
15:10	Case 2: Complex bone loss case	Dr Piotr Czarnecki
15:30	Case 3: The complex PIPJ injury	Mr Ryan Trickett
15:50	Closing remarks and presentations	Mr Nick Riley and Mr Mike Lamyman

