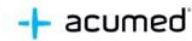


Instructional Course Fractures and joint Injuries

Friday 7 and Saturday 8 February 2025



In educational partnership with
platinum sponsors:



Programme topics – Instructional Course 9.2 Fractures and Joint Injuries

Friday 7 February 2025	
08.40 – 08.50	Welcome
	Session 1: Principles and decision-making management
08.50 – 09.00	Which fractures can we treat non-surgically?
09.00 – 09.10	How do we treat fractures non-surgically?
09.10 – 09.20	Which fractures are optimally treated surgically?
09.20 – 09.30	Rehabilitation of hand fractures
09.30 – 09.50	Panel discussion
	Session 2: Metacarpal Fractures
09.50 – 10.00	Fractures of the head and neck
10.10 – 10.20	Metacarpal Shaft Fractures
10.20 – 10.30	MCPJ dislocations
10.30 – 10.40	CMCJ fracture/dislocations
10.40 – 11.00	Panel discussion
11.00	Refreshment break
	Session 3: PIPJ
11.30 – 11.40	Surgical anatomy of the PIP Joint
11.40 – 11.50	Dorsal fracture/dislocations
11.50 – 12.00	Palmar fracture/dislocations
12.00 – 12.10	Late reconstruction / delayed fixation or hemi-hamate
12.10 – 12.20	Salvage options
12.20 – 12.40	Panel discussion
12.40	Lunch

	Session 4: Other injuries
13.40 – 13.50	Bone and joint injuries in elite athlete
13.50 – 14.00	Sagittal band injuries
14.00 – 14.10	Locked MCP over an osteophyte
14.10 – 14.20	Mallet fracture
14.20 – 14.30	The paediatric fractures
14.30 – 14.50	Panel discussion
15.00 – 17.55	Small group tutorials
15.00 – 15.40	Small group 1
15.45 – 16.25	Small group 2
16.30 – 17.10	Small group 3
17.15 – 17.55	Small group 4
18.00 – 19:00	Welcome reception
Saturday 8 February 2025	
08.30 – 11.25	Small group tutorials
08.30 – 09.10	Small group 5
09.15 – 09.55	Small group 6
10.00 – 10.40	Small group 7
10.45 – 11.25	Small group 8
11.25 – 11.45	Refreshments break
	Session 5: Phalangeal fractures
11.45 – 11.55	Intramedullary screws
11.55 – 12.05	K-wires
12.05 – 12.15	ORIF
12.15 – 12.25	Uni/bi condylar fractures
12.25 – 12.45	Panel discussion
12.45 – 13.40	Lunch
	Session 6: The Thumb
13.40 - 13.50	Bennetts fracture
13.50 – 14.00	Rolando fracture
14.00 – 14.10	Epibasal fractures
14.10 – 14.20	Ulnar collateral ligament injuries
14.20 – 14.30	Late reconstructive options for MCP joint instability
14.30 – 14.50	Panel discussion

	Session 7: Complex case workshop
14.50 – 15.05	Case 1: Managing malunion - osteotomy planning
15.05 -15.20	Case 2: Complex bone loss case
15.20 – 15.50	Case 3: The complex PIPJ injury
15.50hrs	Closing remarks and presentations
1	Small group topics 40mins each
2	Practical - rolando fixation - Acumed
3	Practical - UCL IB - Arthrex
4	Open fractures
5	PIPJ cases
6	Management of non-union and infection
7	Children's fractures - case discussions
8	Managing post fixation stiffness