

# BSSH Instructional Course Series 9 Course 2 - 7-8 February 2025 - Fractures and joint injuries

## Friday 7 February

08.10 hrs	Registration		
08.40 hrs	Welcome - Chairs Instructional Course		Mr Mike Lamyman & Mr Nick Riley
	Session 1: Principles and decision making management Chair: Mr Michael Lamyman		
08.50 hrs	Which fractures can we treat non-surgically?	Mrs Sarah Tucker	
09.00 hrs	How do we treat fractures non-surgically?	Mr Sudhi Ankarath	
09.10 hrs	Which fractures are optimally treated surgically?	Mr Tim Halsey	
09.20 hrs	Rehabilitation of hand fractures	Ms Christy Fowler	
09.30 hrs	Panel discussion/Questions		
	Session 2: Metacarpal Fractures Chair: Mr Dan Thornton		
09.50 hrs	Fractures of the head and neck	Mr Ryan Trickett	
10.10 hrs	Metacarpal shaft fractures	Ms Jane McEachan	
10.20 hrs	MCPJ dislocations	Miss Ladan Hajipour	
10.30 hrs	CMCJ fracture/dislocations	Mr Onur Berber	
10.40 hrs	Panel discussion/Questions		
11.00 hrs	Refreshment break - 30 mins		
	Session 3: PIPJ Chair: Mr Dan Armstrong		
11.30 hrs	Surgical anatomy of the PIP Joint	Ms Jessica Steele	
11.40 hrs	Dorsal fracture/dislocations	Mr Onur Berber	
11.50 hrs	Palmar fracture/dislocations	Mr Ryan Trickett	
12.00 hrs	Late reconstruction/delayed fixation or hemihamate	Mr Matthew Brown	
12.10 hrs	Salvage options	Dr Piotr Czarnecki	
12.20 hrs	Panel discussion/Questions		
12.40 hrs	Lunch - 60 mins		
	Session 4: Other injuries Chair - Mr Hywel Dafydd		
13.40 hrs	Injuries in the elite athlete	Mr David Murray	
13.50 hrs	Sagittal band injuries	Mr Dan Thornton	
14.00 hrs	Locked MCP Joint	Mr Dan Armstrong	
14.10 hrs	Mallet injury	Ms Christy Fowler	
14.20 hrs	The paediatric fractures	Ms Jessica Steele	
14.30 hrs	Discussion		
	Parallel session 4: Sawbone workshop - introduction to fixing fractures well - Medartis Chair: Nick Riley		
13.40 hrs	K-wiring tips and tricks	Ms Jane McEachan	
13.50 hrs	What is a lag screw?!	Mrs Sarah Tucker	
14.00 hrs	When to lock and when not to...	Mr Tim Halsey	
14.10 hrs			
14.20 hrs			
	Small group tutorials 1		
15.00 - 15.40 hrs	Small group 1		
15.45 - 16.25 hrs	Small group 2		
16.30 - 17.10 hrs	Small group 3		
17.15 - 17.55 hrs	Small group 4		
	Small group tutorials 40 mins each tutorial with 5 mins turnaround		
	1 Practical - rolendo fixation - Acumed	Dr Piotr Czarnecki	Mr Tim Halsey
	2 Practical - UCL IB - Arthrex	Mr David Murray	Miss Ladan Hajipour
	3 Open fractures	Mrs Sarah Tucker	Ms Jane McEachan
	4 PIPJ cases	Mr Matthew Brown	Ms Ryan Trickett
	5 Management of nonunion and infection	Mr Dan Armstrong	Mr Dan Thornton
	6 Childrens fractures - case discussions	Mr Max Horwitz	Ms Jessica Steele
	7 Managing post fixation stiffness	Ms Christy Fowler	Mr Hywel Dafydd
	8 Principles of malunion treatment	Mr Sudhi Ankarath	Mr Onur Berber
18.00 hrs	Welcome reception		
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# BSSH Instructional Course Series 9 Course 2 - 7-8 February 2025 - Fractures and joint injuries

## Saturday 8 February

08.00 hrs	Registration			
	Small group tutorials 2			
08.30 - 09.10 hrs	Small group 5			
09.15 - 09.55 hrs	Small group 6			
10.00 - 10.40 hrs	Small group 7			
10.45 - 11.25 hrs	Small group 8			
	Small group tutorials 40 mins each tutorial with 5 mins turnaround			
	1	Practical - rolando fixation - Acumed	Dr Piotr Czarnecki	Mr Tim Halsey
	2	Practical - UCL IB - Arthrex	Mr David Murray	Miss Ladan Hajipour
	3	Open fractures	Mrs Sarah Tucker	Ms Jane McEachan
	4	PIPJ cases	Mr Matthew Brown	Ms Ryan Trickett
	5	Management of nonunion and infection	Mr Dan Armstrong	Mr Dan Thornton
	6	Childrens fractures - case discussions	Mr Max Horwitz	Ms Jessica Steele
	7	Managing post fixation stiffness	Ms Christy Fowler	Mr Hywel Dafydd
	8	Principles of malunion treatment	Mr Sudhi Ankarath	Mr Onur Berber
11.25 hrs	Refreshment break - 30 mins			
	Session 5: Phalangeal fractures Chair: Ms Jessica Steele			
11.45 hrs	Non-surgical treatment options	Mr Hywel Dafydd		
11.55 hrs	K-wires	Mr Onur Berber		
12.05 hrs	ORIF	Mr Max Horwitz		
12.15 hrs	Uni/bi condylar fractures	Mr Tim Halsey		
12.25 hrs	Panel discussion/Questions			
12.45 hrs	Lunch - 55 mins			
	Session 6: The thumb Chair: Mr Sudhi Ankarath			
13.40 hrs	Bennetts fracture	Mrs Sarah Tucker		
13.50 hrs	Rolando fracture	Miss Ladan Hajipour		
14.00 hrs	Epibasal fractures	Ms Jane McEachan		
14.10 hrs	Ulnar collateral ligament injuries	Mr David Murray		
14.20 hrs	Late reconstructive options for MCP joint instability	Mr Dan Armstrong		
14.30 hrs	Panel discussion/Questions			
	Session 7: Complex case workshop - Chair: Mr Nick Riley			
14.50 hrs	Case 1: Managing malunion - osteotomy planning	Mr Max Horwitz		
15.10 hrs	Case 2: Complex bone loss case	Dr Piotr Czarnecki		
15.30 hrs	Case 3: The complex PIPJ injury	Mr Ryan Trickett		
15.50 hrs	Closing remarks and presentations		Mr Nick Riley and Mr Mike Lamyman	