

## **Session 2.7 – Tendon repair workshop**

### **Objectives:**

1. To be able to perform the following suture techniques
2. 4 strand core cruciate
3. Running epitendinous
4. Silverskiold epitendinous

### **Primary Resources:**

1. Chaitanya Gudyal AO Tendon Transfers:  
<https://www.youtube.com/watch?v=uSoJB6oGV1k>
2. Martin Posner ASSH Extrinsic and Intrinsic Tendon Transfers: Principles and Tips:  
<https://www.assh.org/hande/s/watch?id=aBP0a0000000eZoGAI>
3. Grabb and Smith Textbook, Tendon Transfers Chapter.



<https://s.surveypplanet.com/pa6s43gf>