

Session 2.2 – Flexor Tendon Repair

Objectives:

- Describes the different zones of flexor tendon injury
- Appreciate the issues around zone two flexor tendon injury and the current thinking on repair principles
- Describe the classification of zone 1 FDP injuries and implications for management

Primary Resources:

1. Overview of flexor tendon injury (16:20)
<https://www.vumedi.com/video/flexor-tendon-injuries/>
2. Zone 2 flexor tendon injury: science, repair and rehabilitation (31:47)
<https://www.assh.org/hande/s/watch?id=aBP0a00000009wzGAA>
3. Jersey finger (FDP avulsion) injuries (7:54)
https://www.youtube.com/watch?v=rwy9gfN0K_Q
4. Zone 1 and 2 repair techniques (11:58)
<https://www.assh.org/hande/s/watch?id=aBP0a000000LFJGGA4>
5. Journal article: Wu YF, Tang JB. Recent developments in flexor tendon repair techniques and factors influencing strength of the tendon repair. Journal of Hand Surgery (European Volume). 2014;39(1):6-19. doi:10.1177/1753193413492914
6. How research changed my practice - Don Lalonde (14:20)
<https://www.assh.org/hande/s/watch?id=aBP0a000000MP0ZGAW>

ASSH Video Links:

Tendon Repair Techniques to Improve Efficiency and Outcomes - Brian Carleson

<https://www.assh.org/hande/s/watch?id=aBP0a000000LOhXGAW>

Flexor Tendon Injuries - Hisham Awan

<https://www.assh.org/hande/s/watch?id=aBP0a00000007O5GAI>

Bony Jersey Finger Technique Video - Dave Tuckman

<https://www.assh.org/hande/s/watch?id=aBP0a000000LOeyGAG>

Learning Resources



<https://s.surveypalnet.com/fd3jhc9p>