

Session 1.2 – Examination of the Hand, Wrist and Forearm

Objectives:

- To be able to carry out a structured examination of the hand, wrist and forearm
- To be aware of, and demonstrate, commonly used special tests and explain their anatomical basis
- To recognise common pathologies and tailor a focussed examination according to a differential diagnosis

Primary Resources:

1: Hand.e.: Physical Examination of the Wrist video (1:18:26):

<https://www.assh.org/hande/s/watch?id=aBP0a00000002AJGAY>

2: Hand examination video (16:09): https://www.youtube.com/watch?v=D_86BiURWoE

Additional Resources:

1. Elsons test video (1:19): <https://www.youtube.com/watch?v=G9HY0qXWUvE>
2. Bunnell test video (0:17): <https://www.youtube.com/watch?v=RhNn7UGCui8>
3. Ulnar claw vs Hand of Benediction explanation video (7:49) :
https://www.youtube.com/watch?v=BWhB_B3e4gc
4. Elbow examination technique video (11:57) :
https://www.youtube.com/watch?v=Xlos_ML_v-M
5. TEXTBOOK: Reider, The Orthopaedic Physical Examination, Pages 101-157 Chapter 4, Hand & Wrist (Currently available online:
<https://cintabukumedis.files.wordpress.com/2014/01/the-orthopaedic-physical-exam.pdf>)
6. TEXTBOOK: Banaszkiwicz, Postgraduate Orthopaedics The Candidate's Guide to the FRCS (Tr & Orth) Examination, Pages 70 - 87, Section 3, Chapter 9, Hand & Wrist Clinical Cases



<https://s.surveypal.com/h9bueq3p>