

Session 6.9: Stiff elbow

Objectives:

1. To describe the common causes of stiff elbows and outline different treatment options

Primary Resources:

1. Siemensma MF, van der Windt AE, van Es EM, Colaris JW, Eygendaal D. Management of the stiff elbow: a literature review. EFORT Open Rev. 2023 May 9;8(5):351-360:

<https://www.assh.org/hande/s/watch?id=aBP5b0000009XEBGA2>



<https://s.surveypplanet.com/q0lnmlr4>