

Session 6.1: Distal radial fractures

Objectives:

1. Describe the anatomy of the distal radius and the wrist joint.
2. Discuss the assessment and initial management of patients with distal radius fractures.
3. Discuss the imaging that can be performed in the investigation of distal radius fractures, the acceptable radiographic criteria for distal radius alignment, and any associated injuries that may be identified.
4. Describe the operative and non-operative treatment options available in the management of distal radius fractures
5. Discuss the common complications encountered in the treatment of distal radius fractures.

Primary Resources:

1. BSSH Webinar: Assessment of a patient with a wrist fracture

<https://www.youtube.com/watch?v=n4uJgggg09A>

2. ASSH Hand.e: Evaluation and Treatment of Distal Radius Fractures

<https://www.assh.org/hande/s/watch?id=aBP0a000000LO1TGAW>

Additional Resources:

1. BSSH: Distal Radius Anatomy and Biomechanics:
<https://www.youtube.com/watch?v=pn3xmZgSF-k>
2. Pulvertaft Videos: Fixation of distal radius fractures Top 10 tips and tricks by Dr Jorge Orbay: <https://www.youtube.com/watch?v=GjhNV1cByn8>
3. Yelena Bogdan (Youtube): Distal Radius Fractures: ER management, Reduction, and Tips: <https://www.youtube.com/watch?v=IYjOQKfWvUc>



<https://s.surveyplanet.com/vrzgn1d7>