

Session 5.2: Phalangeal fractures and dislocations

Objectives:

1. Describe the anatomy of the fingers.
2. Discuss common fracture patterns involving the phalanges and deforming forces.
3. Outline the assessment of the patient with phalangeal fracture or dislocation.
4. Discuss the management options for phalangeal fractures and dislocations.
5. Briefly outline the principles of rehabilitation for patients with phalangeal injuries.

Primary Resources:

1. BSSH: Hand Fractures: <https://www.youtube.com/watch?v=-qk9QRv1nWY&t=1568s>
2. BSSH WACS Webinar 1 - Management of Hand Fractures:
<https://www.youtube.com/watch?v=fcPvnppi-hs>

Additional Resources:

1. Pulvertaft: Guidelines in the management of fractures of phalanges and metacarpals:
<https://www.youtube.com/watch?v=4Rl8nPn7W9s>
2. ASSH Hand.e: Phalangeal & Metacarpal Fractures:
<https://www.assh.org/hande/s/watch?id=aBP0a000000LO4MGAW>



<https://s.surveyplanet.com/oh5b90se>