

## **Session 5.11: Rheumatoid arthritis: conservative and surgical**

### **Objectives:**

1. To understand the pathophysiology and stages of rheumatoid joint involvement
2. To understand the goals of treatment including preserving and restoring function
3. Understanding tendon ruptures including single or multiple flexor and extensor tendon ruptures and the operative methods available
4. To understand joint deformities in rheumatoid arthritis and the treatment options

### **Primary Resources:**

1. ASSH - Rheumatoid arthritis:  
<https://www.assh.org/hande/s/watch?id=aBP0a000000MukGAE>
2. ASSH - soft tissue metacarpophalangeal reconstruction for rheumatoid hand deformities:  
<https://www.assh.org/hande/s/watch?id=aBP0a000000LOB3GAO>
3. Greens Operative Textbook Chapter 61
4. Orthopaedic Principles - Rheumatoid hand and wrist for the FRCSOrth:  
<https://www.youtube.com/watch?v=-hf19sR2JT8>



<https://s.surveyplanet.com/joxflsi9>