

Session 4.6: Benign tumours of the hand and upper limb

Objectives:

1. Discuss the common benign tumours of the hand and wrist.
2. Describe the assessment of a patient who presents with a lump in the hand or wrist.
3. Discuss the management options for the common benign tumours of the hand and wrist.
4. Compare and contrast benign and malignant tumours of the hand and wrist.

Primary Resources:

1. BSSH Webinar: Benign and Malignant Tumours of the Hand
<https://www.youtube.com/watch?v=1UvbyScSc2I>

Additional Resources:

1. ASSH Hand.e.: Approach to masses of the hand
<https://www.assh.org/hande/s/watch?id=aBP5b000000Asj5GAC>
2. ASSH Hand.e.: Benign and Malignant Bone Tumors
<https://www.assh.org/hande/s/watch?id=aBP0a000000MMXIGA4>



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